Learn How to Compare Golf Balls

If you want peak performance, you need to compare the performance of different gold balls. Much like picking the proper golf clubs, choosing the correct ball is a matter of matching the different types of balls to your style of play and your swing. But, you ask, aren't all golf balls the same? Golf balls may be little, but they are one of the most engineered pieces of golf equipment.

Different balls have different densities, different feels, and different spins. Some of these differences result from the many types of cover materials available. Some differences result from the materials and densities of the inside of the golf ball. You want to match every aspect of the golf ball with your levels of skill and your gold habits.

To start, you want to choose the right compression golf ball, which is a measurement of how tightly the ball is wound. The compression comes into play notably when it depends on your swing speed. If you have a slower swing speed, for example, you'll want a lower compression. The quicker your speed, the higher the compression you'll need.

Overall, the compression ratings are broken down into three classifications. First, there are 80 compression balls. These balls tend to be the softest, so they result in what is essentially a sling shot effect when you hit them. They fly farther, but they are more difficult to control. For their distance alone, though, these balls tend to be very popular with women, senior, and junior players.

The medium-grade compression rating is 90. Because they are middle of the road, soft enough to provide distance even on a slower swing, but hard enough to allow for better control, these golf balls work for most male players in a golf ball comparison. They are also excellent choices for more advanced female players.

The highest compression rating is 100. Because these balls are the hardest, they require fast swing speeds for optimum performance. This factor, and their high degree of control, make them perfect fits for low handicap and scratch players.

Of course, you should always do your own golf ball comparison. Take a few of each compression out to a driving range and try out for yourself to see which performs best for you.